Blue Jacket Cadet

Phase Training

**Phase 2**

Cadet – Ordinary Cadet

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Syllabus Contents

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| Ph2.1 | Basic Piping Proficiency |
| Ph2.2 | Duty of a Quartermaster |
| Ph2.3 | Duty of a Boatswains Mate |
| Ph2.4 | Bells & Watches |
| Ph2.5 | History of Colours & Evening Colours |
| Ph2.6 | Ranks & Rates |
| Ph2.7 | Seamanship |
| Ph2.8 | Drill (Marching) |
| Ph2.9 | Marines & the NCF |
| Ph2.10 | 3rd Class Specialisation |
| Ph2.11 | History of Uniform |
| Ph2.12 | Weapons Handling Test |
| Ph2.13 | Communication |
| Ph2.14 | Physical Fitness |
| Ph2.15 | Basic Expedition Skills |
| Ph2.16 | Camp Craft |
| Ph2.17 | Sewing |
| Ph2.18 | Basic Map & Compass |
| Ph2.19 | Water Safety |
| Ph2.20 | Basic Boating Experience |
| Ph2.21 | Naval History 1 |
| Ph2.22 | Unit Fund Raising |

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| **MODULE : BASIC PIPING PROFICIENCY** | **Ph2.1** |
| **CONTENTS:**1. Explain the history of the Boatswains Call
2. Explain the parts of a Boatswains Call
3. Teach 4 basic calls as below
4. Still
5. Carry On
6. General Call
7. Side
8. To be assessed by a Piping Instructor
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| **Sign and date on completion of each subject**

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| c i | d |
| c ii |

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| **VISUAL AIDS / INSTRUCTOR NOTES:** |

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| **MODULE : DUTY OF A QUARTERMASTER** | **Ph2.2** |
| **CONTENTS:**1. Explain what a Quartermaster is on ship
2. Teach the duties of a Quartermaster is within the unit
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| **Sign and date on completion of each subject**

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| **VISUAL AIDS / INSTRUCTOR NOTES:** |

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| **MODULE : DUTY OF A BOATSWAINS MATE** | **Ph2.3** |
| **CONTENTS:**1. Explain what a Boatswains Mate is on ship
2. Teach the duties of a Boatswains Mate is within the unit
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| **Sign and date on completion of each subject**

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| **VISUAL AIDS / INSTRUCTOR NOTES:** |

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| **MODULE : NAVAL TERMS AND CUSTOMS** | **Ph2.4** |
| **CONTENTS:**1. Explain the history and practical use of:
2. The Ship’s bell.
3. Bells and watches in the RN
4. Teach:
5. The correct use of the 24hr clock, verbally and in writing.
6. The correct method of saluting the Quarterdeck.
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| **Sign and date on completion of each subject**

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| **VISUAL AIDS / INSTRUCTOR NOTES:** |

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| **MODULE : UNIT ROUTINE AND EVERYDAY CEREMONIAL** | **Ph2.5** |
| **CONTENTS:**1. Explain the history and importance of Colours and Evening Colours ceremonies.
2. Witness the Colours ceremony.
3. Explain the parts of the mast, the use of the Preparative pennant and the history and use of the Church Pennant.
4. Explain the routine duties of the following:
5. Signalmen : Give a brief explanation of Ensign and the Preparative Pennant.
6. The Guard: When and how used; how it is made up and commanded.
7. Quartermaster and Side Party: Use of deck log; reports to Duty Officer; running the Unit Routine; Visitors to the Unit, etc.
8. Special Dutymen : including Corporal of the gangway.
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| **Sign and date on completion of each subject**

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| b 16/7/2015 – TT | d ii |
| c 16/7/2015 - TT | d iii |

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| **VISUAL AIDS / INSTRUCTOR NOTES:** |

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| **MODULE : BASIC FOOT DRILL** | **Ph2.6** |
| **CONTENTS:**1. Attention : Stand at Ease : Stand Easy : Proving : Interval Drill.
2. Fall in : Dressing : Numbering : Fall out : Dismiss.
3. At the halt : right, left and about turn : right / left incline.
4. Step off in quick time : Marching in quick time : Halting.
5. Mark time in quick time : Forward : Halting.
6. Paces forward : Paces sideways : Paces to the rear.

 1. About turn on the march in quick time.
2. Right and left wheel on the march in quick time : Forward.
3. Left and right turn in quick time.
4. Reporting to and saluting an officer. Why we salute officers
5. Saluting on the march; Left/Right/Front
 |
| **Sign and date on completion of each subject**

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| **VISUAL AIDS / INSTRUCTOR NOTES:** |

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| **MODULE : BASIC ARMS DRILL AT THE HALT (DP RIFLE)** | **Ph2.7** |
| **CONTENTS:**1. Attention; stand at ease; stand easy.
2. Slope arms from the shoulder; shoulder arms from the slope
3. Right and left dress at the shoulder arms.
4. Present arms from the slope; slope arms from the present.
5. For inspection port arms from the shoulder; ease springs.
6. Saluting with a rifle.
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| **Sign and date on completion of each subject**

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| **Staff Notes** |

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| **MODULE : ROYAL NAVY / ROYAL MARINE RANKS AND RATES** | **Ph2.8** |
| **CONTENTS:**1. Teach :
* The commissioned ranks of the Royal Navy (and NCF) and the Royal Marines which the Cadets are most likely to encounter.
* The salutes to which they are entitled.
* The manner in which they are addressed.
1. Teach :
* The non-commissioned ranks of the Royal Navy (and NCF) and the Royal Marines which the Cadets are most likely to encounter.
* The manner in which each rank must be addressed.
1. Teach :
* The Naval Cadet ranks
* The MCD Cadet ranks
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| **Sign and date on completion of each subject**

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| **VISUAL AIDS / INSTRUCTOR NOTES:**Marine Cadet Section |

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| MODULE : BASIC SEAMANSHIP | **Ph2.9** |
| **CONTENTS:**1. Parts of a Ship – Describe:
* Stern
* Aft
* Midships
* Bow
* Forecastle
* Port
* Starboard
* Hull
* Etc.
1. Bends & Hitches – Demonstrate and explain the use of :
* Reef Knot
* Figure of Eight Knot
* Round Turn and Two Half Hitches
* Clove Hitch
* Bowline
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| **Sign and date on completion of each subject**

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| **VISUAL AIDS / INSTRUCTOR NOTES:** |

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| MODULE : MARINES AND THE NCF | **Ph2.10** |
| **CONTENTS:**1. NCF Structure – Teach NCF HQ Structure
2. Describe other units within the NCF & their command
3. Explain the Marine Cadet Staff Structure
4. Explain how Marine Cadets are advanced
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| **Sign and date on completion of each subject**

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| **MODULE : 3RD CLASS SPECIALISATION** | **Ph2.11** |
| **CONTENTS:**1. Complete a 3rd class specialisation
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| **VISUAL AIDS / INSTRUCTOR NOTES:** |

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| **MODULE : UNIFORM HISTORY** | **Ph2.12** |
| **CONTENTS:**Teach History of:1. Cap & Tally
2. Blue Jean Collar
3. Lanyard
4. Silk Tape
5. Jacket
6. White Front
7. Trousers
8. Boots/Shoes
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| **Sign and date on completion of each subject**

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| **MODULE : WEAPONS HANDLING TEST** | **Ph2.13** |
| **CONTENTS:**Teach:1. Safe Handling of the Weapon
2. Parts of the L98 A2 Cadet GP Rifle
3. Use of the Rifle
4. Load
5. Unload
6. Ready
7. Make Safe
 |
| **Sign and date on completion of each subject**

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| **VISUAL AIDS / INSTRUCTOR NOTES:** |

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| **MODULE : BASIC FORMS OF COMMUNICATION** | **Ph2.14** |
| **CONTENTS:**Teach:1. The phonetic alphabet.
2. Receiving and passing on a verbal message correctly.
3. Basic Radio Etiquette – Transmitting and receiving messaging
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| **Sign and date on completion of each subject**

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| **VISUAL AIDS / INSTRUCTOR NOTES:** |

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| **MODULE : PHYSICAL TRAINING** | **Ph2.15** |
| **CONTENTS:**Teach:1. Muscle Groups
2. Explain each main muscle group
3. Discuss best exercises to develop said muscle groups
4. Cardio
5. Teach Cardio exercises and what they do
6. Complete 0.5 mile run
7. Complete a multitude of deck games
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| **Sign and date on completion of each subject**

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| **VISUAL AIDS / INSTRUCTOR NOTES:** |

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| **MODULE : BASIC EXPED SKILLS** | **Ph2.16** |
| **CONTENTS:**Teach:1. Planning
2. Route Plan
3. Discuss Kit
4. Conditions
5. Participation
6. Conduct a day hike
7. Discuss feedback
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| **Sign and date on completion of each subject**

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| **VISUAL AIDS / INSTRUCTOR NOTES:**y/.s |