**Lesson Plan**

**PREPERATION**

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| COURSE | New Entry to Cadet |
| SUBJECT | Advancement |
| SYLLABUS REF | NE17 |
| LESSON | Navy Cadet Force Promise |
| LESSON FORMAT | Group Work |
| NO. OF PERIODS | 2 |
| DURATION | Full Parade Night |
| TRAINING AIDS | Board and pens |
| PLANNED ACTIVITIES | Navy Cadet Force Promise/Corps Values |
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**INTRODUCTION**

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| NAME | It is important at this point to be as approachable and accommodating as possible as this will be the first interaction the cadet has with unit staff or senior cadets |
| SAFETY ASPECTS | As per Unit Policy |
| INTEREST | To understand the ethos of the Navy Cadet Force |
| NEED |  |
| OBJECTIVES | By the end of this session participants will be able to:  –Explain the meaning of the NCF  –Explain what the NCF Values are  –Quote the Navy Cadet Force Promise from a hand-out |

**DEVELOPMENT**

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| KEY POINTS | METHOD |
| Introduce objectives and  discuss expectations | Flipchart/whiteboard |
| Introduce the NCF Promise | In small groups or pairs ask what the Promise means to them In small groups, spread lines of  the Promise between each group.  Ask them to identify key points of the meaning within their allocated line of the Promise. After 10 to 15 minutes come back into group and discuss findings on a board. |
| Explain that we focus on two main values at this stage – Loyalty and Self Discipline | Ask the group for their definition of Loyalty and Self Discipline Place provided definitions centre of board and then brainstorm group ideas of examples of Loyalty and Self Discipline within the NCF and outside the unit  Ask cadets how they can relate these statements to the Promise |
| Commitment | Ask cadets to identify two ways they  will apply what has been discussed  in the unit environment |
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**CONSOLIDATION**

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| SUMMARISE KEY POINTS | Explain that at the end of their New Entry period they will be expected  to recite the Promise, from memory in their enrolment ceremony to the  Commanding Officer to become full members of the Navy Cadet Force. |

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| PLANNED QUESTIONS | Insert your planned questions here |
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| LOOK FORWARD | Fire Brief OR as per Training Programme |