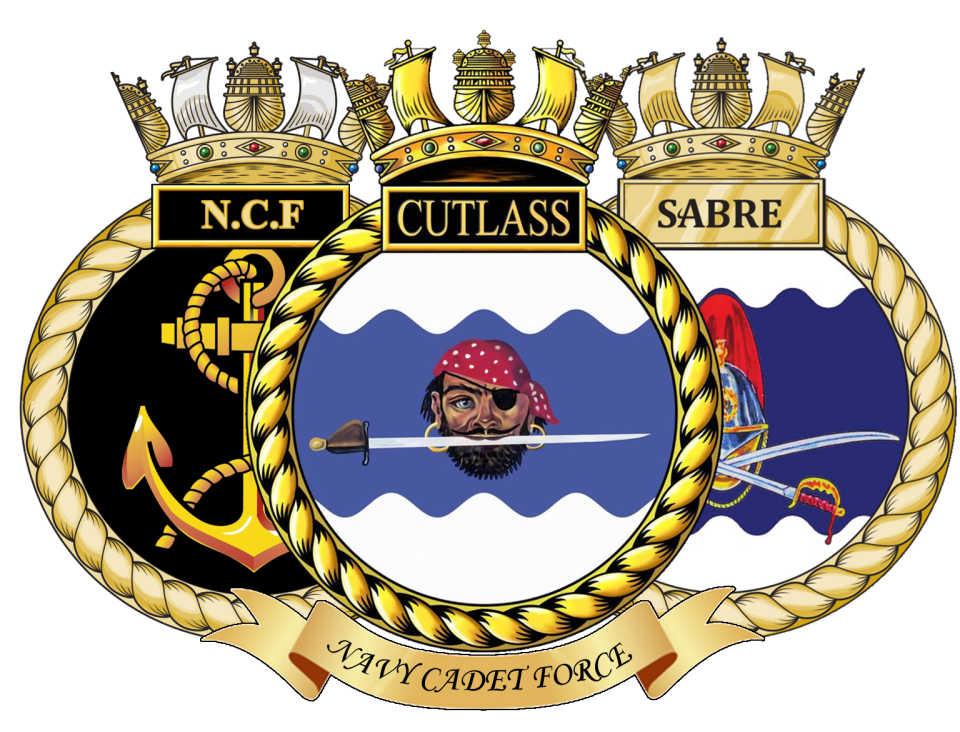
Blue Jacket Staff

**CI to PO**

****

|  |
| --- |
|  |

Syllabus Contents

|  |  |
| --- | --- |
| Ph1.1 | Unit routine and everyday ceremonial |
| Ph1.2 | Basic seamanship |
| Ph1.3 | Naval terms and customs |
| Ph1.4 | Basic foot drill |
| Ph1.5 | Ranks and Rates |
| Ph1.6 | Basic Communications |
| Ph1.7 | Uniform cleaning techniques |
| Ph1.8 | Basic weapon training – L98A2 rifle |
| Ph1.9 | Basic Map Reading |
| Ph1.10 | Basic arms drill at the halt (basic SA80 rifle) |
| Ph1.11 | Instructional Methods |

**Blue Jacket Staff**

|  |  |
| --- | --- |
| **MODULE: UNIT ROUTINE AND EVERYDAY CEREMONIAL** | **Ph1.1** |
| **CONTENTS:**   1. Explain the history and importance of Colours and Evening Colours ceremonies. 2. Witness the Colours ceremony. 3. Explain the parts of the mast, the use of the Preparative pennant and the history and use of the Church Pennant. 4. Explain the routine duties of the following: 5. Signalmen: Give a brief explanation of Ensign and the Preparative Pennant. 6. The Guard: When and how used; how it is made up and commanded. 7. Quartermaster and Side Party: Use of deck log; reports to Duty Officer; running the Unit Routine; Visitors to the Unit, etc.   Special Dutymen: including Corporal of the gangway. | |
| **Sign and date on completion**   |  |  | | --- | --- | | A | d i) | | B | d ii) | | C | d iii) | | |
| **CO/OIC Notes:** | |

**Blue Jacket Staff**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MODULE: BASIC SEAMANSHIP** | | | **Ph1.2** | |
| **CONTENTS:**   1. Parts of a Ship – Describe:  * Stern * Aft * Midships * Bow * Forecastle * Port * Starboard * Hull * Etc.  1. Bends & Hitches – Demonstrate and explain the use of:  * Reef Knot * Figure of Eight Knot * Round Turn and Two Half Hitches * Bowline * Clove Hitch   Seamanship Assessment | | | | |
| **Sign and date on completion**   |  | | --- | | A | | B | | | | | |
| **CO/OIC Notes:** | | | | |
| Assessment Completed Date | Assessment Grade | Assessor Signed | |

**Blue Jacket Staff**

|  |  |
| --- | --- |
| **MODULE: NAVAL TERMS AND CUSTOMS** | **Ph1.3** |
| **CONTENTS:**   1. Explain the history and practical use of: 2. The Ship’s bell. 3. Bells and watches in the RN 4. Teach: 5. The correct use of the 24hr clock, verbally and in writing. 6. The correct methods by which a Marine Cadet acknowledges an order and the different method used by a Navy Cadet. 7. The correct method of saluting the Quarterdeck. | |
| **Sign and date on completion**   |  |  | | --- | --- | | a i) | b ii) | | a ii) | b iii) | | b i) | | |
| **CO/OIC Notes:** | |

**Blue Jacket Staff**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MODULE: BASIC FOOT DRILL** | | | **Ph1.4** | |
| **CONTENTS:**   1. Attention: Stand at Ease: Stand Easy: Proving: Interval Drill. 2. Fall in: Dressing: Numbering: Fall out: Dismiss. 3. At the halt: right, left and about turn: right / left incline. 4. Step off in quick time: Marching in quick time: Halting. 5. Mark time in quick time: Forward: Halting. 6. Paces forward: Paces sideways: Paces to the rear.      1. About turn on the march in quick time. 2. Right and left wheel on the march in quick time: Forward. 3. Left and right turn in quick time. 4. Reporting to and saluting an officer. Why we salute officers | | | | |
| **Sign and date on completion**   |  |  |  | | --- | --- | --- | | a | e | i | | b | f | j | | c | g | | d | h | | | | | |
| **CO/OIC Notes:** | | | | |
| Assessment Completed Date | Assessment Grade | Assessor Signed | |

**Blue Jacket Staff**

|  |  |
| --- | --- |
| **MODULE: RANKS AND RATES** | **Ph1.5** |
| **CONTENTS:**   1. Teach: 2. The commissioned ranks of the Royal Navy (and NCF) and the Royal Marines which the Cadets are most likely to encounter. 3. The salutes to which they are entitled. 4. The manner in which they are addressed. 5. Teach: 6. The non-commissioned ranks of the Royal Navy (and NCF) and the Royal Marines which the Cadets are most likely to encounter. 7. The manner in which each rank must be addressed. 8. Teach: 9. The Naval Cadet ranks 10. The MCD Cadet ranks | |
| **Sign and date on completion**   |  |  |  | | --- | --- | --- | | a i) | b i) | c ii) | | a ii) | b ii) | | a iii) | c i) | | |
| **CO/OIC Notes:** | |

**Blue Jacket Staff**

|  |  |
| --- | --- |
| **MODULE: BASIC FORMS OF COMMUNICATION** | **Ph1.6** |
| **CONTENTS:**  Teach:   1. The phonetic alphabet. 2. Receiving and passing on a verbal message correctly. 3. Correct use of a telephone and correct method of making an emergency call. | |
| **Sign and date on completion**   |  | | --- | | a | | b | | c | | |
| **CO/OIC Notes:**  Marine Cadet Section | |

**Blue Jacket Staff**

|  |  |
| --- | --- |
| **MODULE: UNIFORM CLEANING TECHNIQUES** | **Ph1.7** |
| **CONTENTS:**  Teach:   1. Correct method of cleaning and polishing a pair of parade boots, and the correct method of lacing up and tying laces. 2. Cleaning and polishing of white belts. 3. Cleaning and preserving the shape of a white cap RM. 4. Correct way to press a blue uniform and general care of it. 5. Correct method of fitting badges to uniform, and the correct position of all badges. 6. Correct method of pressing lightweight trousers and combat shirt, brushing beret etc. | |
| **Sign and date on completion**   |  |  | | --- | --- | | a | d | | b | e | | c | f | | |
| **CO/OIC Notes:** | |

**Blue Jacket Staff**

|  |  |
| --- | --- |
| **MODULE: BASIC WEAPON TRAINING – L98A2 RIFLE** | **Ph1.8** |
| **CONTENTS:**   1. Safety precautions and rules for handling weapons at all times. 2. Stripping, cleaning and reassembling. Name the parts of a L98. 3. Fitting the sling. 4. Sight setting, aiming and holding. 5. Correct firing position for aiming and firing. 6. Lying 7. Kneeling 8. Standing 9. Sitting 10. Squatting 11. Magazine loading and unloading. 12. Correct drill for loading and unloading. 13. Correct drill for making safe.   I. Marksmanship Principles | |
| **Sign and date on completion**   |  |  |  | | --- | --- | --- | | a | d | g | | b | e | h | | c | f | i | | |
| **CO/OIC Notes:** | |

**Blue Jacket Staff**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MODULE: BASIC MAP READING** | | | **Ph1.9** | |
| **CONTENTS:**   1. Introduction (handling, folding and caring for a map). 2. Marginal information contained in a map. 3. The grid system and the correct way to give a six figure grid reference. 4. Conventional signs. 5. Relief and contours 6. Introduction to the Silva compass 7. Setting a map and finding north; points of the compass. 8. Map scales and measuring distances. 9. Description of ground – intervisibility.   Map Reading Assessment | | | | |
| **Sign and date on completion**   |  |  |  | | --- | --- | --- | | a | d | g | | b | e | h | | c | f | i | | | | | |
| **CO/OIC Notes:** | | | | |
| Assessment Completed Date | Assessment Grade | Assessor Signed | |

**Blue Jacket Staff**

|  |  |
| --- | --- |
| **MODULE: BASIC ARMS DRILL AT THE HALT (DP RIFLE)** | **Ph1.10** |
| **CONTENTS:**   1. Attention; stand at ease; stand easy. 2. Slope arms from the shoulder; shoulder arms from the slope 3. Right and left dress at the shoulder arms. 4. Present arms from the slope; slope arms from the present. 5. For inspection port arms from the shoulder; ease springs. 6. Saluting with a rifle. | |
| **Sign and date on completion**   |  |  | | --- | --- | | a | d | | b | e | | c | f | | |
| **CO/OIC Notes:** | |

**Blue Jacket Staff**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **MODULE: Instructional Methods** | | | **Ph1.11** | |
| **CONTENTS:**   1. Lesson Planning 2. Training Programmes 3. Class Discipline 4. Individual Discipline 5. Methods of Assessment 6. Teaching & Learning Styles 7. Methods of Instruction   Instructional Methods Assessment | | | | |
| **Sign and date on completion**   |  |  |  | | --- | --- | --- | | a | f | k | | b | g | l | | c | h | m | | d | i | n | | e | j | o | | | | | |
| **CO/OIC Notes:** | | | | |
| Assessment Completed Date | Assessment Grade | Assessor Signed | |